

PRODUCT INFO

IT WORKS! BEST FAT FUEL™ INDULGE EVERY DAY

14 (28.5 g) Single Serve Packets

Experience the euphoria of a sweet, Chocolate Mousse flavored treat without the guilt! As a delicious source of clean fat nutrients, indulge in It Works! Best Fat Fuel instead of sugary snack temptations. Use it to curb your sweet tooth, diminish your appetite, and reward your brain with long-lasting satisfaction. With 3 g net carbs, no trans fats, and no added sugars, It Works! Best Fat Fuel not only tastes great, but benefits your mind and body with hours of sustained energy, steady focus, and fewer sugar cravings.

Features and benefits:

- Offers a premium, functional formula that rewards your mind and body
- Crushes cravings with sweet, guilt-free indulgence
- Prevents crashes with sustained, productive energy
- Enhances recipes and treats—try it as a creamy pudding, incredible hot chocolate or decadent mug cake!
- Filled with plant-based fats like MCT Oil, Coconut Oil, Sunflower Oil, and Avocado Oil



Nutrition Facts

14 servings per container	
Serving Size	1 Packet (28.5g)
Amount Per Serving	
Calories	170
	<small>% Daily Value*</small>
Total Fat 15 g	19%
Saturated Fat 10 g	49%
Trans Fat 0 g	
Polyunsaturated Fat 0 g	
Monounsaturated Fat 4.5 g	
Sodium 190 mg	8%
Total Carbohydrate 6 g	2%
Dietary Fiber 3 g	9%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 4 g	
Vitamin D 0 mcg	0%
Calcium 20 mg	2%
Iron 2 mg	10%
Potassium 240 mg	6%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

SUGGESTED USE

Mix one packet into 12 fl.oz. of cold water for an indulgent treat!

Warning: Keep out of reach of children. Consult your physician if you are pregnant, nursing, taking medications, or have a medical condition. Protect from heat, light, and moisture. Store at 15-30°C (59-86°F). Do not use if tamper-evident seal is broken or missing.

Ingredients: Coconut oil, cocoa processed with alkali, sunflower oil, hydrolyzed collagen peptide, natural flavor, chicory inulin, maltodextrin, sodium caseinate (a milk derivative), less than 2% medium chain triglycerides (MCTs) from coconut and palm kernel, egg white, avocado oil, grass-fed butter, Himalayan pink salt, steviol glycosides, silica, monk fruit extract, non-fat dry milk, sunflower lecithin, mixed tocopherols, xanthan gum, gum acacia, mono- and diglycerides, dipotassium phosphate **Contains Milk & Egg.**



IT WORKS! BEST FAT FUEL™

INDULGE EVERY DAY

FREQUENTLY ASKED QUESTIONS

How and when should I use It Works! Best Fat Fuel?

The next time you need something sweet and satisfying, choose It Works! Best Fat Fuel to curb your cravings without the guilt! This delicious, Chocolate Mousse flavored treat is perfect for those moments, so you can stop second-guessing your snacks. It Works! Best Fat Fuel satisfies cravings for hours, contains no added sugars, and can be used in a variety of ways. You can mix it into a drink, blend it into a shake, or use it to create clean-fuel snacks and desserts: puddings, low-carb muffins, fat bombs, mug cakes, and more! Enjoy it daily to treat yourself to steady energy that sustains your body and mind while crushing your cravings.

Why should I drink It Works! Best Fat Fuel?

Because we all struggle sometimes to resist unhealthy foods, It Works! Best Fat Fuel serves as a Chocolate Mousse flavored, guiltless alternative that satisfies your cravings and energizes your body for hours. It works because it provides your brain and body with the dietary fats they need! It Works! Best Fat Fuel has a unique formula with high-quality, clean, functional fats that are perfect for satisfying hunger and fueling your body, so it stays energized and focused throughout the day. With 3 g net carbs and no trans fats or added sugars, you can support your low-carb diet and control your sweet tooth!

How does It Works! Best Fat Fuel work with a keto lifestyle

With 3 g net carbs, zero trans fats, and no added sugars, it's perfect for anyone eating clean fat macronutrients and downplaying carbs and sugars. Using It Works! Best Fat Fuel as a shake or a snack won't spike your insulin or break your fast, and it encourages ketone production. Plus, did we mention? It Works! Best Fat Fuel Chocolate Mousse flavor tastes divine!

What are the active ingredients in It Works! Best Fat Fuel?

It Works! Best Fat Fuel has a decadent, Chocolate Mousse flavor and clean, active ingredients that include:

- **Functional Fats** – Dietary fats that provide long-lasting, balanced energy and help curb carb cravings for unhealthy fats and sugars
- **Medium-Chain Triglycerides (MCTs)** – Brain-boosters that help energize your mind, increase ketone production, and temper irritability associated with low blood sugar
- **Sunflower Oil** – Specially formulated to be high in oleic acid, this fat nutrient supports brain health and helps it feel happy and rewarded from eating
- **Collagen** – A source of amino acids that provides proteins to help control your appetite, so you'll feel fuller longer

Can I enjoy more than a single serving of It Works! Best Fat Fuel a day?

We suggest enjoying 1-2 delicious servings of It Works! Best Fat Fuel daily. As with any product, It Works! Best Fat Fuel is best consumed in moderation. Different lifestyles, eating habits, and medical histories will contribute to different results.

Does It Works! Best Fat Fuel contain gluten?

It Works! Best Fat Fuel is made with only gluten-free ingredients. It is not currently tested to detect gluten that may or may not be introduced during the manufacturing process.

Can I give It Works! Best Fat Fuel to my children?

It Works! Best Fat Fuel is recommended only for adults, ages 18 years and older. However, we know children love chocolate-flavored treats, too, and they can enjoy It Works! Best Fat Fuel on occasion.

Can I use It Works! Best Fat Fuel if I am pregnant, nursing, or have ongoing medical conditions?

Before using any new product, we suggest you consult your physician to find out if it is right for you.